

Health Interest Questionnaire

Revised 6 January 2015

The Health Interest Questionnaire (HIQ) is a tool that can help Navy and Marine Corps commands assess the health and wellness *interests* of their people such as what topics interest them, in what formats, at what time of day, etc. Combined with the command health risk assessment data (which tells us what our people need), the health interest data can guide decisions about what, when and where health and wellness activities are offered and can thereby increase the likelihood that command health promotion efforts achieve maximum participation and impact.

Your staff could be given a definite time frame for completing the HIQ (i.e. 2-4 week period), or the questionnaire could be administered as part of newcomer indoctrination, etc.

The HIQ should be voluntary and anonymous.

This questionnaire is intended for use in Navy and Marine Corps workplaces. It is not intended for family members or retirees. Contract staff are generally not eligible to participate in DoD health promotion activities so should also not complete this questionnaire.

Each command can create their own HIQ, or the following samples may be used:

Access the web-based version here:

<https://survey1.max.gov/index.php?sid=46582>

then tell NMCPHC via email when you want a report for your UIC

(<mailto:michael.r.macdonald@med.navy.mil>)

A paper-based sample of an HIQ is available here:

http://www.med.navy.mil/sites/nmcphc/Documents/health-promotion-wellness/general-tools-and-programs/Health_Interest_Questionnaire_form.pdf